



Asquith Mixed Probud Club BULLETIN

President's Corner

Hello to all our members.

As I write this it is a cold wet day and the whole week looks to be the same.

From what I have seen it looks like members enjoyed the Bare Island trip.

PSP have at last delivered their updated constitution which does not have room for changes,

The committee has reviewed this and voted to move that the members accept this as our replacement for the current constitution. More about that at the June meeting. A subcommittee has been formed to review our standing orders.

Looking forward to seeing you all on Thursday the 5th June.

Regards Barry

Meeting Dates at Magpies

General Meetings

10am for 10.30am start.

Thursday 5th June 2025

Thursday 3rd July 2025

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Bulletin: Editor: Sylvia Gratton

☎ Mob: 04

Asquith Mixed Probud Club Inc.

The Secretary: Ruth Barwick

37 Alan Avenue, Hornsby 2077

Formed by the Rotary Club of Berowra on 2 October 2008.

Club No: 9003799

District: 9685 PD3 Inc. No.: 9890687

Bendigo Bank details for deposits.

BSB No: 633-000 Account No.: 139 637 029

PRIVACY: In accordance with the Privacy

Act 1988 and recommendation from Probud South Pacific, this newsletter is private and confidential for members of Asquith

Mixed Probud Club use only and is not to be used for any other purpose.

COMMITTEE NOTES MAY 2025

1. The Review of the Constitution and Standing Resolutions as received from Probus South Pacific Limited was discussed at the May meeting and a sub-committee formed to further examine and resolve the details on behalf of AMPC.
2. Nita continues to contact and keep us updated on Members facing various challenges, usually health related. We are thinking of those who have been unable to attend the Meeting for a while and hope you may be able to return to us before too long.
3. Do talk to neighbours and friends about our terrific club. We would love to welcome some new members as a number have not renewed this year, for various reasons. Some ideas for promotion include a leaflet to accompany the application form and an ad or article in the Bush Telegraph. Robyn Lee has agreed to assist Denise with the Membership role.
4. There was a good attendance at The Biggest Morning Tea kindly hosted by Jane and \$788 was raised to support the Cancer Council, a cause which has touched many of us at some time. Thank you to Jane and Ron for hosting this event. Do come along to the Brunch at Glenorie Bakery, it promises to be a most enjoyable outing.
5. 37 intrepid travellers headed out to Bare Island and La Perouse Museum on a beautiful sunny day, (currently a rarity)! The guides were informative with the tour followed by lunch at Yarra Bay Sailing Club. A couple of years ago on a tour in France, I visited Albi, the birthplace of Jean de Galaup, Comte de Laperouse where there is a Place Laperouse and a large bronze statue of him. It was interesting to make that link with Australia. He landed in Sydney just 5 days after Captain Arthur Phillip but his expedition was wrecked near the New Hebrides.
6. Some great walks are coming up including The Central Coast in June and Cremorne Point in July. Thank you, Jim, Laurie and all those leading walks.
7. We had such a positive response to last month's Speaker, Faye Yarroll, speaking about her profound deafness, the wonderful technology of cochlear implants and her hearing dog Sydney. Other dogs are trained differently, eg medical alert dogs for patients with diabetes and dogs for veterans with PTSD. Jim has some really interesting Speakers lined up for the next few meetings, so don't miss them!
8. Many of us like to socialise over lunch at Magpies after the meeting. There has been a well-received suggestion made that long tables be reserved for our members in the Pavilion, and that newer members be warmly encouraged to join us there.

Ruth Barwick

Secretary



Asquith Mixed Probus Club

Treasurers Report as at 5th May 2025

Funds received so far this year	\$8,751.00	
Reduced by our expenses of	\$5174.92	
Leaving funds available so far this year		\$3,576.08
Add all previous year's surplus funds		\$11,654.54
Leaving members funds		\$15'230.62
.... The above funds consist of total cash	\$21,077.97	
Less, mainly member's payments		
for future activities	\$5,847.35	
		\$15,230.62

Treasurer's Report as at 51 May 2025 Angus Dougall.

Speakers- June

This month John Cameron will discuss the threats posed by scammers.

John has over 50 years of experience in the computer industry.

It frustrates him to see technology being misused to deceive and distress people.

Technology scams are becoming more common and sophisticated, so stay vigilant.

He will share practical tips on avoiding scams and insights into ongoing efforts to protect users.

His expertise will help you navigate the digital world with confidence and security.

In **July** Ian Hemphill will review the sourcing and application of spices.

HOSPITALITY Come and enjoy Brunch at Glenorie Bakery, 930, Old Northern Rd, Dural at 10.30am.on Wednesday 25th June.

DOLLS When? The Wednesday following our monthly 'members meeting' at 10.15 for a 10:30 start. Please join us for tea, coffee and a chat at Carol Channon's home. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit! 28A Harwood Avenue, Mt Kuring-Gai. **Phone Carol**

MAH-JONG The group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. **Contact Pam Clarke for more information.**

CARDS 500 cards held 1st and 3rd Wednesday of the month at 10am at Magpies. New players welcome. **Phone Mary**

MEN'S GROUP Meets 3rd Wednesday of the month at 10am in the Pavilion at Magpies. **Contact Robert Allison**

CARER'S GROUP Meets 3rd Tuesday of the month at 12.30pm at Asquith Golf Club. **Contact Yenda**

AMPC Men's Group	Robert Allison	Dolls	Carol Channon
Auditor	Robert Allison	5 th Thursday BBQ	Carol & John Channon
Books DVD	George Gates	Mah-jong	Pam Clarke
Jigsaws	Robert Montgomery	Walks	Laurie Keaton
Cards 500	Mary Glasby		
Carer's Group	Yenda Holland	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Yenda Holland
Assist. Tours/Excurs.	Sandra Lees	Assist. Tours/Excurs.	Jim Thompson

AMPC COMMITTEE MEMBERS 2025-26

AMPC Committee Members		Phone	Email
President	Barry Willick		
Vice-President Elect	Mal Steel		
Vice-President	John Davies		
Secretary	Ruth Barwick		
Treasurer	Angus Dougall		
Committee			
Bulletin	Sylvia Gratton		
Hospitality	Jane Platts		
Membership	Denise Mayhew		
Asst Membership	Robyn Lee		
Programme	Jim Jeffries		
Tours/Excursions	Trish Taylor		
Welfare	Nita Shields		
Assistant Secretary			
Assistant Treasurer			
Wallks	Laurie Keaton		
Past President	Jim Jeffries		

DAY TRIPS

COCKATOO ISLAND TOUR

THURSDAY 19 JUNE, 2025 - 11.00 am

We will have a 1 hour conducted tour of this historic island in Sydney Harbour.

Catch the 8.57 a.m. train from Hornsby down the North Shore line. Get off at Wynyard and walk to Barangaroo wharf 1. At 10.18 a.m. catch a ferry to Cockatoo Island where there will be time for a coffee and a toilet stop before the guided tour starts at 11.00 a.m. The walk involves irregular surfaces and steps.

At the end of the tour you can go back to Circular Quay (ferries depart 01, 21, 41 minutes past the hour) or catch a ferry to Meadowbank (ferries depart 06, 26, 46 minutes past the hour). At Meadowbank there is a short uphill walk to the station.

Payment is **\$16.00**. to be paid on or before **6 June, 2025**

JIM THOMPSON

NSW ART GALLERY

ARCHIBALD, WYNNE AND SULMAN EXHIBITION

THURSDAY, 17 JULY, 2025

Payment of \$27.00 per person by 3 July, 2025

Please make your own way to the NSW Art Gallery. We will meet at the main front entrance Naala Nura. Please arrive by 9.15 a.m. for early entry to the Gallery for the 9.30 am private tour.

15 min walk to Art Gallery across the Domain

9.30 am - 1hr guided, private group tour of the exhibition

Option to explore the Galleries at your leisure after the tour

Return walk to Martin Place/Wynyard Station OR bus 441 from Art Gallery to QVB at Town Hall.

TRISH

BOOKING YET TO BE CONFIRMED

HYDE PARK BARRACKS

21st AUGUST, 2025

11.00 a.m.

Hyde Park Barracks is a UNESCO World Heritage-listed site in the heart of Sydney. Originally built to house convicts, the Barracks has also served as an immigration depot, asylum, law courts and government offices.

Discover the stories of Hyde Park Barracks through a self-guided immersive experience, using interactive audio technology. Hear the stories of male convicts, immigrants and women in need, as well as the Aboriginal nations that were impacted by colonial Australia. Duration: 1-1.5 hours.

Catch the 9.42 a.m. train from Hornsby platform 1, arriving at Town Hall Station at 10.27 a.m. Then it's an 11 minute walk via Park Street and Hyde Park to the Barracks.

SANDRA LEES



QUARANTINE STATION MANLY

20th NOVEMBER, 2025

\$98.00 per person

Pick up: Rofe Park, Hornsby Heights, 9.00 a.m. - return approximately 3.00 p.m.

We commence our day travelling to Manly Beach where morning tea will be set up. From there we travel to the Quarantine Station at North Head. On arrival at the Reception area we will transfer to a smaller mini bus to make our way down through the National Park to the wharf. Here we will be met by our guide who will share the history of Q Station and the buildings in the Wharf Precinct, including the hospital.

After the tour we will have lunch at The Terrace, still within the grounds of the Q Station.

Tour Includes:

- **Morning Tea at Manly Beach**

- **Guided Tour of Q Station**

Lunch consisting of sandwiches, cakes, fruits, tea and coffee

- **Coach transport. TRISH**

BARE ISLAND & LA PEROUSE MUSEUM REPORT

Our OnCourse coach picked us up bright and early from Rofo Park and we made our way to Bare Island, located in the Kamay Botany Bay National Park. We were so lucky to have a beautiful sunny day for our visit.

We arrived at La Perouse and enjoyed morning tea overlooking Bare Island and the beautiful waters of Botany Bay. After morning tea our National Park Tour guides met us and we commenced our tour by walking over the footbridge to Bare Island. We were split into two groups and our guides David and Ally were extremely knowledgeable and certainly enhanced our visit to the fortification.



Bare Island has a rich history commencing from its first sighting by Captain Cook in 1770. Captain Cook initially recognised Bare Island as a navigational marker - referring to it as "a small bare island". It was later fortified in the late 19th century to protect Sydney from perceived foreign threats. The fort was built with reinforced concrete and equipped with heavy cannons. After its military function, Bare Island served as a veterans' home starting in 1912, becoming Australia's first war veterans' home. The fort was eventually decommissioned and handed over to the NSW Parks and Wildlife Service in 1963 to be used as a museum and tourist attraction.

Following our very interesting tour we boarded our bus again and continued to Yarra Bay 16' Sailing Club for our lunch. Our lunch was served promptly and efficiently. We all enjoyed our meals and happy conversation.

Following lunch, we were transported to the La Perouse Museum. This museum is housed within the historic Cable Station building, once Australia's only link to the rest of the world.

Time to make our way home. We were in very good, safe hands with our driver Mick and Lucy, a member of the OnCourse staff. Mick and Lucy certainly looked after us which ensured that we all had a very enjoyable visit to La Perouse.

TRISH



Walks

Yet again we have had to cancel a walk due to rain. 18 Members had a nice luncheon at the Blue Gum as a substitute activity.

A draft Calendar has been prepared and a short meeting will be held after the June Meeting order your lunch and join us if you can help to conduct any of the walks.

Future Walks:

CENTRAL COAST THURSDAY 26 JUNE

LEADS: Suellen & Mal Steel. Laurie.

WHERE: **POINT CLARE/ KOOLEWONG TO WOY WOY**

WALK 1: From Point Clare 4 .9 km Mainly Flat 1 hill.

WALK 2 From Koolewong 2.1 Km. Flat with water views.

TRAVEL: Plat 4/5 Hornsby 10.26 **CAR 7** Plat4/5 Ber 10.35 Arr
Koolewong 11.03 Point Clare 11.11

At Koolewong you must alight through the rear car rear door –
Point Clare through the last 4 cars.

TRAFFIC ALERT for crossing the Road at Koolewong.

Return From Woy Woy 1442 (As1515 H 1519) or 1510 (B 1537
H1549)

LUNCH: Bay Side Fish and Chips, Woy Woy Hotel or Bay View Hotel. No
Bookings have been made.

CREMORNE POINT THURSDAY 24 JULY

LEADS: Laurie + TB A

WHERE: **Scheduled walk 45 mins - 1 hour** from Old Cremorne Wharf to Mosman Rowers (TBC) and then to Mosman Wharf for the return trip.

Mainly flat 2.8 km in total.

A second much harder walk over the Mosman Peninsular is available.

It has a number of steps making the transection seem much longer.

A lead is needed. It will finish at Mosman Rowers also.

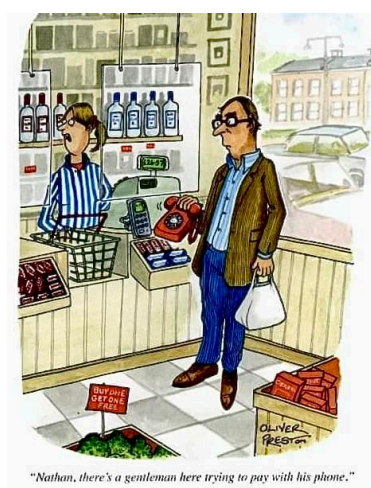
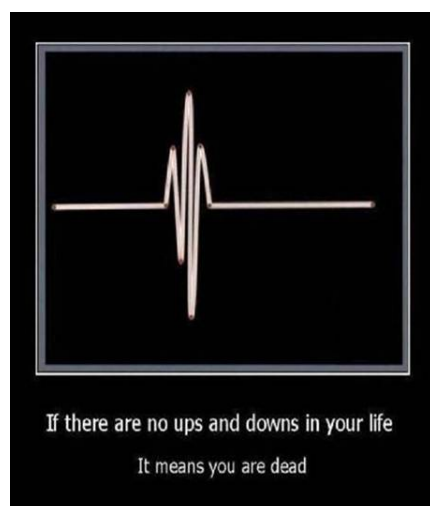
TRAVEL: **9.13 am Berowra 9.27 am Hornsby. Car 3 -4.** Change at Wynyard for Circular Quay 1030 or 11.00 am ferry. (TBC)

LUNCH: Rowers Club TBC

Thinking back to when “a new hip joint” meant someplace I wanted to go on Friday night.

UPCOMING EVENTS_c

DATE	ACTIVITY	CONVENOR	PAGE	PHONE NO
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	4	
1 st & 3 rd Wed 10am	500 Cards Magpies	Mary Glasby	4	
3 rd Weds of Month	Men's Group Magpies	Robert Allison	4	
3 rd Tuesday of Month	Carer's Group	Yenda Holland	4	
5 th June 2025	Probus Meeting	Barry Willick		
11 th June 2025	Dolls	Carol Channon	4	
12 th June 2025	Committee Meeting	Barry Willick		
19 th June 2025	Cockatoo Island Tour	Trish Taylor	5	
25 th June 2025	Brunch Glenorie Bakery	Jane Platts	3	
26 th June 2025	Point Clare/Koolewong	Laurie Keaton	9	
3 rd July 2025	Probus Meeting	Barry Willick		
9 th July 2025	Dolls	Carol Channon	4	
10 th July 2025	Committee Meeting	Barry Willick		
17 th July 2025	Archibald	Trish Taylor	5	
24 th July 2025	Cremorne Point Walk	Laurie Keaton	10	



Baby Boomers will get this 🤔😄
Too Funny!!

